



## Summerhill College, Sligo



Dear Parent/Guardian

The Summerhill College Parent's Association in conjunction with the school principal, Mr Keogh, will be bringing in a healthcare company to perform cardiac screening here in the school in April. Participation in this screening programme is optional. This is our 2nd year working with AMS.

This year, with the cooperation of Summerhill College, we are delighted to extend the offer to other local schools and sports clubs. Appointments will be available after school hours for parents, siblings or anyone else wishing to participate in this important health check initiative. It is open to anyone age 12 years and over. Just follow the booking instructions overleaf for a weekday or Saturday appointment.

AMS is Ireland's leading mobile Cardiac Screening company. They perform cardiac screening in schools & sports clubs nationwide, ultimately aimed at reducing the incidents of Sudden Adult Death Syndrome (SADS). Approx 2 young people (under 35) die each week in Ireland from SADS. Research has shown that cardiac screening can significantly reduce the incidents of SADS. Please see below for further information on cardiac screening.

### CARDIAC SCREENING

is ultimately aimed at reducing the incidents of Sudden Adult Death Syndrome (SADS) in Ireland. International best practice recommends cardiac screening every 2 years for people involved in competitive sport. Please see overleaf further information about this service.

#### FEE

The fee for Cardiac Screening is at a discounted rate of €65pp.

Parents / families that have their health insurance arranged with Laya Healthcare can avail of this service for free. Those that have their health cover with other providers will have to consult their respective policies to ascertain whether the cost can be reclaimed.

\*Laya members can quote their membership number within the online booking link provided to avail of Laya's free cardiac screen benefit within their policy, noting that the last digit in every Laya family policy is different for each family member.

**\* SEE OVERLEAF FOR HOW TO BOOK AN APPOINTMENT**

DEADLINE FOR BOOKING  
**Friday 25th March 2016**

Places are limited so book early to avoid disappointment

*Clodagh Lynch*

Clodagh Lynch

Chairperson

Summerhill Parent's Association

## CARDIAC SCREENING

The screening includes:

- A personal & family history questionnaire
- Physical examination with a Medical Doctor
- 12 Lead Electrocardiogram (ECG)
- The Medical data & ECG are assessed and reported on by a Consultant Cardiologist

## WHY CARDIAC SCREENING?

- Up to 100 young people die each year in Ireland from Sudden Adult Death Syndrome (SADS)
- 1 in 300 people may have a cardiac abnormality.
- The national register recently reported that the incidents of SADS are higher in Ireland than many other European countries.
- In Italy cardiac screening is mandatory for those involved in competitive sport for the past 25 years. They have reduced the incidents of SADS by 89%.
- The IRFU & the GAA's Medical Scientific and Welfare Committee recommend cardiac screening for all GAA players 14 years and older.
- The European Society of Cardiology & the international Olympic Committee recommends cardiac screening every 2 years for people involved in competitive sport.
- AMS's heartaid service is based on the recommendations of the above named organisations.



## HOW TO BOOK IN FOR THIS SERVICE:

1. Go to [www.ameds.ie](http://www.ameds.ie)
2. Click on Online booking
3. Enter clinic code:

**SCS** for a weekday appointment

**SCSSAT** for a Saturday appointment (April 23rd)

4. Choose appointment

The weekday appointment time you receive will be provisional.  
The actual time & date will be confirmed in due course.  
The Saturday time will not change.  
Results will be populated to your online account within  
10 working days of the clinic.



CALL **1890 300 333** OR  
**SCREENING@AMEDS.IE** FOR  
MORE INFORMATION